

The best activities guide around !

FEBRUARY 2009





The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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#### THIS MONTH'S COVER

Let's go back in time-to the 50's and 60's and take a nostalgic retro trip. Step inside the Camp Zama Bowling Center, walk over to the renovated snack bar and see what it was like to "snack out" in that bygone era. The decor, the juke box, the uniforms and the mood are about as authentic as could be. Adults can remember and reminisce and youngsters can experience the feeling of "happy days" when life was colorful and a little less hectic. Our February Bugle cover shows Toshiko Iijima, Short Order cook, at the left and Gemma Takeda, food Outlet Manager, at the right modeling their themed retro uniforms to add to the era atmosphere. See this issue's center fold for more photos to include the ribbon cutting ceremony, a full view of the snack bar and some good information from Martha Green, the Bowling Center manager. Stop by, enjoy the menu items and bowl a few games on the high-tech lanes and we guarantee you'll be back again soon for more.

Photo by Mr. Richard Haun.



# eployed

Spouse Program.

If your spouse is
deployed, then ACS is
looking for you! Please
visit us to learn more
about our Deployed
Spouse Program
and sign up for your
membership card;
this card will provide
discounts throughout
various MWR facilities.
For more information,
please phone 263-8091.



## ■ Army Community Service • 263-8327

## RELOCATION READINESS 263-HELP (4357)

• Newcomers Train Class, Parts I and II

**Part I:** 19 February, 6 - 7 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

**Part II:** 21 February, 9 am - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

• Shopping on the Economy

20 February, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

# MOBILIZATION AND DEPLOYMENT PROGRAMS 263-HELP (4357)

Please contact 263-8091 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders training. Free child care is provided by

CYS during official FRG functions (advance coordination is required).

## • Pre-deployment and Operation R.E.A.D.Y. Training

This training is designed to help all deploying Soldiers, DoD Civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Community Room.

## AER/FINANCIAL/EMPLOY-MENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a readymade program to help achieve personal financial readiness through the use of sound money management. For more information, email: gary. wertz@zama.army.mil or phone 263-5550.

- \* 1st Wednesday each month, 8:30 am 4:30 pm, Mandatory First Term Soldiers Financial Readiness Class.
- \* 2nd Wednesday of each month, 1 - 2:30 pm, Credit and Debt; 2:30 - 4:30 pm, Investment / TSP.
- \* 4th Wednesday of each month, 1 2:30 pm, Basic Budget; 2:30 4:30 pm, Checkbook Management.

Units may request classes. Requests should be in writing a minimum of two weeks prior to the class date, first come, first served. Each class requires a 2 hour block. The classes available are in the following areas: Basic Budget, Remedial Checkbook Management, Credit and Debt, Large Purchases, Insurance, Investment / TSP, and Planning for Military Retirement.

## • AER Emergency Leaves

Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military

# Relocation Readiness, 263-HELP (4357) MEDICAL MORNING BRIEFING 19 February, 8 am - noon Community Club (right wing)

Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The briefing is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDS 267-6564 for reservations.

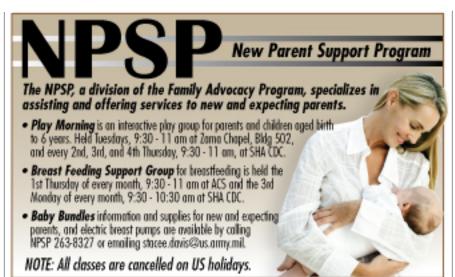


Personnel Division. AER assists with travel from the gateway and to and from the leave site.

## FAMILY ADVOCACY PROGRAM, 263-HELP (4357)

The Family Advocacy Program (FAP) provides services that focus on prevention of Family violence, and child and spouse abuse. Per AR 608-18, the FAP is designed to break the cycle of abuse by identifying abuse as early as possible and providing treatment for affected Family members. The Army Community Service (ACS) is the agency responsible for the overall management of the FAP. The Family Advocacy Program Manager (FAPM) administers and directs the installation FAP. The Medical Treatment Facility, Behavioral Health and Social Work Service, legal advisors, law enforcement personnel, chaplains, and other installation staff work together to ensure Families receive needed services.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police (MP) at 263-3002. Reports of domestic violence may be made on a restricted basis. "For the purposes of domestic violence restricted reporting, an oral, written or electronic communication of personally identifiable information related to a domestic abuse incident made by a victim to a victim advocate, the supervisor of victim advocates, or to a healthcare provider, for the purposes of receiving medical care or information, referral to service providers, advice, or safety planning. Information provided in restricted reports will not be disclosed to command or law enforcement (DoDI 6400.06). A spouse victim advocate is available through the Family Advocacy Program at ACS. For additional information about domestic violence restricted and unrestricted reporting or other Family Advocacy questions, please contact the FAPM at 263-4782.



## • Sexual Assault Prevention and Response Program (SAPRP)

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909.

This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator

(SARC) at 263-HELP /4357 or the on-call Unit Victim Advocate at 882 # or 090-9395-8909. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP /4357 or 080-6772-6735.

## • Victim Advocacy

Victim Advocacy is a free service for all personal in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to speak with a trained Victim Advocate and inquire



## ■ Army Community Service • 263-8327

about available services. The victim advocate works with those who have been a victim of domestic violence or sexual assault. To contact the Victim Advocate, call 263-HELP /4357 or 080-6772-6735.

## EXCEPTIONAL FAM-ILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent

Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4572.

## COMMUNITY LIFE OFFICE, 263-HELP (4357)

• Army Family Team Building (AFTB)

AFTB Passport to Power: The Key to your Army Journey. Join us for our next AFTB Class! AFTB Level I is offered as a brown bag lunch series. Join us every Monday, 11:30 am - 1 pm at ACS as we explore the basics of Army Life!

For more information or to register for upcoming workshops, please contact the AFTB Program Manager at 263-4785.

• Army Volunteer Corps (AVC)

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army

Volunteer Corps Coordinator.

## ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

To submit an AFAP issue, log onto http://www.mwrjapan.jp.pac.army. mil/ and click on "Submit a 2008 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

## INFORMATION AND RE-FERRAL, 263-HELP (4357)

I and R provides maps, directions and tourist information for the local area and for most military installations throughout Japan, as well as resource information on public, private, and voluntary agencies at Camp Zama. Resource information can also be accessed using CAC readers at https://intranet.zama. army.mil. After 4:30pm and on weekends, maps and directions can also be found on www.mwrjapan. jp.pac.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school enrollment.

## • English as a Second Language Class (ESL)

Every Wednesday 1 - 2:30pm. All levels. No pre-registration required.

- *Knitting and Crocheting Class* Every Tuesday, 9:30 11:30am.
- Adult Japanese Class

Every Wednesday 10 - 11 am, advanced level; 11 am - noon, beginner level. No pre-registration required.

• *Children's Japanese Classes*Every Monday, 10:30 - 11:15 am and 11:15 - noon. No pre-registration required.

#### NOTE:

- \* All of the above classes are held at ACS, Bldg, 402.
- \* All classes are cancelled on US holidays.



## ■ Child Development Center • 267-6564

## SHA CHILD DEVELOPMENT CENTER

- Closed
- \* Monday, 16 February (President's Day).
- \* Friday, 13 February (training day)
- *Chinese New Year* Celebration Week, 2 7 February
- *Children's Dental Health Month* 9 12 February. Various activities
- will be planned this week to promote dental health.
- SHA CDC PAC Meeting will be held on Thursday, 12 February, 4 4:45 pm, at the Sagamihara Housing Area Child Development Center.
- Valentine's Day Party

Friday, 13 February, 3:45 - 4:30 pm For more information, please phone Julia Sektnan at 267-6348.

## ZAMA CHILD DEVELOPMENT CENTER

- Closed
- \* Monday, 16 February (President's Day).
- \* Friday, 13 February (training day)

- Love and Sharing Week
- 9 12 February, all day event (arts and crafts).
- *Parent Advisory Meeting (PAC)* Thursday, 12 February, 4 5 pm.
- Parent Education

"How to Speak to Your Child" (birth to 5 years old), 12 February, 4 - 5 pm, Zama CDC training room.

• Parent "Heart" Luncheon 12 February, 11 am - noon.

- Learning about the contributions President Washington gave to this country, 17 - 20 February.
- Culture Awareness "children's songs" (English and Japanese)

26 February, 4 - 5 pm, CDC training room. Great opportunity to learn what your child sings here at the CDC.

For more information, please phone Miki Nihipali at 263-8081.

## Zama Child Development Center

# **Parent's Night Out**

## Friday, 20 February, 5 - 11:30 pm

- Please provide emergency contact information and record of immunizations at the time of registration
- Limited space available.
- Last day to enroll is 17 February.

Cost is \$20 per child, ages 6 weeks to 12 years.

 Must register in advance with CYS Central Enrollment Registry Office, Bldg 533.

A late dinner and evening snack will be provided.

For more information, call 263-4125.

## ■ Youth Sports and Fitness • 263-5437/4066/5991

## MESSAGE FROM YOUTH SPORTS AND FITNESS

Youth Sports and Fitness programs are designed so that all children can have fun and enjoy playing sports. Our recreational league plays with other nearby military installations and buses are provided to Yokosuka, Yokota, Ikego and Negishi. Although we also play with Atsugi, buses are not provided due to the close proximity of the base. We practice during the week and play games on Saturdays. Come and enjoy the fun! Please check our web site for more information

#### **VOLUNTEER COACHES**

Youth Sports and Fitness is looking for volunteers to help coach youth sports. If you are interested, please contact us at 263-5437 or go to our web site at www.zamayouthsports. org. Once your application is accepted, you will be notified and be

certified at the next coach's certification meeting.

## OFFICIALS FOR YOUTH SPORTS

Youth Sports and Fitness is always

in need of qualified officials. If you are interested in officiating games for youth sports, please contact us at 263-5437.



lease note that we are closed on the following days: 13 February (training holiday), and 16 February (President's Day holiday).

## ■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

#### **YOUTH CENTER**

Every Tuesday starting at 3 pm, check out our 4-H Arts and Crafts program. Each week we will have different projects for you and your friends.

#### • Black History Month

6 February. Come out and celebrate the start of Black History Month with the Zama Youth Center's Soul Food Cookout, 3 - 5:30 pm. We will have poems and literature written by great African Americans, so come out and enjoy great food (entertainment will also be provided).

### • Zama Trojans

6 February - Come support our

Zama Trojans as they play the EJ King Cobras at Zama High School starting with the JV game at 5:30 pm and the varsity at 7 pm. Buses will be provided after the games back to Atsugi and SHA.

## • Parent Advisory Committee Meeting (PAC)

10 February - Our monthly Parent Advisory Committee (PAC) meeting for the Zama Youth Center will start at 5:30 pm. We believe you're an important part in helping us regarding Zama Youth Center programs, as well as establishing or changing youth center procedures and policies.

## • Youth Zama Book of Records 19 February - Zama Teen Book of Records starting at 3 pm.

Attention TEENS! YOU TOO, CAN BECOME A LIVING LEG-END!!! Every 3rd Thursday of the month at the Zama Youth Center, we will have different events for you to challenge. At the end of the year your record, as well as your picture, will grace the first glossy Zama Book of Records, along with the Yano Fitness Center's Book of Records. Different challenges include 3pt shoot out, consecutive free throws, rubic's cube, robot ping pong, hula hoop spins, pogo stick jumps, and Wii homerun.

## • "6th Grade Happening"

20 February - Our monthly "6th



## Monday, 2 February, 4:30 - 5:30 pm at Zama Youth Center



## SAN DIECO CHARGERS CHIERDADERS COINTE

FOR WHOM: This is open to everyone - you do NOT have to be a cheerleader to attend. All interested youths (and parents are welcome.)

EXTRA: After the clinic, get an autographed photo of the cheerleaders or take your own photo.

------ FOR INFORMATION, PHONE 263-4066 OR 5995 ------

Grade Happening" will be held from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.

## • Teen AFAP (Army Family Action Plan)

27 February - 1 March, Teen AFAP. If you are a teen in grades 9 thru 12 and want to make a difference in our community this is the way to do it. Call 263-4500 for more information.

## • U-Turn Program

This program is designed for youths to turn themselves around and get the help they need to graduate high school and move on to higher education. It's up to U to turn yourself around. The teen center is here for U! Join us Tuesday and Thursday evenings to form study groups; work together with your classmates; get help from staff and other volunteers; tutor classmates; get S.A.T tutoring/ practice tests; use this time to work on scholarships and other financial

aid applications. There will be a return bus back to SHA for those youths who participate in the U-Turn Program.

## • Digital Arts Festival Schedule Web Tech Festival

February 9-13:

Movie Tech Regional Festival February 23-27:

Web Tech Local Festival This year's theme is "The Nature of Design".

For more information, call Mr. Daniel Sheahan at 263-8573.

If you would like detailed information on any of our programs, please check out our web site at www. zamayouthcenter.org.





■ Paid Advertisements • 263-8994

## ■ School Age Services • 263-6317

## SAS BEFORE AND AFTER **SCHOOL PROGRAM**

Are you looking for a place where your children can join other children in a fun learning environment? Then, come and join School Age Services "Before and After School Program".

#### REGISTRATION

To register your child or for more information, please stop by the CYS Central Enrollment Registry Office in Bldg 533 at Camp Zama, or call 263-4125 or SAS at 267-6013.

## PARENT'S ADVISOR COUN-CIL (PAC)

The School Age Services Program is serious about providing the highest quality of care for your children. To accomplish this goal, it is necessary to have frequent and good communication between the staff, management, and parents. The Parents Advisory Council (PAC) is an opportunity for you to provide input and to have questions and concerns addressed. We meet every third Thursday each month in Bldg 337 at 5 pm.

## **OPEN RECREATION PROGRAM**

(Let's have some fun....) Parents! Are you looking for programs that your school-aged children can participate in? Children! Are you looking for things that will keep you active and outside the house? If so, then the OPEN RECREATION PRO-GRAM events are for you! All events guarantee fun! School Age Services is offering open recreation opportunities weekdays and Saturday afternoons for youths currently enrolled in grades one to six. Participation may be limited due to space availability, so give us a call (267-6013) if you'd like to join and have fun.

## SAS FEBRUARY EVENTS

## SAS February Character Counts: CITIZENSHIP

- Friday, 6 - - Half Day School - National Tooth Fairy Day
- Monday Friday, 9 13 - - - - Friendship Week
- Friday, 13 - - Closed - - - CYS Training Day
- Saturday, 14 - - 1300 1800 - - Open Recreation Program
- Monday, 16 - - Closed - - Federal Holiday
- Thursday, 19 - - 1530 1700 - - National Cherry Pie Day 4H Cooking Club (Mr. Randy's Little Chefs Cooking Club)
- Thursday, 19 - - 1700 - - - Parent's Advisory Council
- Friday. 20 - - 1600 1700 - - Black / African-American History Month Observance
- Saturday, 21 - - 1300 1800 - - Open Recreation Program
- Tuesday, 24 - - 1600 1700 - - Fat Tuesday
- Friday, 27 - - 1600 1700 - - SAS Mardi Grass

## SAS Program Hours

Monday - Friday Regular

0630 - 0830 and 1500 - 1800

Monday - Friday Early Care 0530 - 0630 No School Day

0630 - 1800



## CAMP ZAMA TAX CENTER

## GRAND OPENING (EDNESDAY, 4 FEBRUA) 0:15 AM

## Free Income Tax Preparation and Electronic Filing

#### What You Need

- US ID Card
- Social Security card for every name on tax
- · W-2's and any other income statements (e.g., 1099).
- · Copy of last year's return

## Location and Hours

- Camp Zama, Bldg 101, room CS-109
- Hours: 9 am 4:30 pm
- Open from 4 February 15 June
- Appointments recommended
- Walk-in service available

For more information or an appointment, call DSN 263-1040

## eminder: If you hit a ball over the net please notify the starter.

Visit Zama MWR at www.mwrjapan. jp.pac.army.mil/ for Club, Golf, **Bowling and Lodging** information and more.

# ■ Camp Zama Golf Club • 263-3694 http://www.usarj.army.mil/information/mwr/business/golf/

## Major Tournament Schedule for 2009

Zama Masters - - - - - - - - 25 - 26 April Match Play Qualifier - - - - - 9 May Club Championship - - - - - - 12 - 13 September Zama Open - - - - - - - - 17 - 18 October

## **TOMODACHI DAYS ARE AS FOLLOWS:**

- 6 February Friday
- 9 February Monday
- 20 February Friday
- 23 February Monday

Your Japanese guests (up to three) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

#### TRADE-INS

You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at http://valueguide.pga.com/

## **NICHIBEI FRIENDSHIP TOURNAMENT**

Wednesday, 4 February, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

## PAYDAY SCRAMBLE (FREE)

"Superintendent's Revenge". The course setup and rules will be "different" for this "don't miss" event on Friday, 27 February, shotgun start at 11 am. FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to personnel assigned to USARI, supporting and tenant units and their Family members. Sign up on the intranet or golf course web site.





#### LUNCH

## Mondays

- 2 Pancit, Fried Rice and Lumpia Combo
- 9 Sweet and Sour Chicken
- 16 No Lunch Special (US Holiday)
- 23 Beef and Broccoli

#### **Tuesdays**

- 3 Pork BBQ Sandwich
- 10 Blackened Fish Sandwich
- 17 Chicken Po Boys
- 24 Roast Beef Sandwich

#### LUNCH

## Wednesdays

- 4 Roasted Chicken
- 11 Bacon Wrapped Pork Loin
- 18 Barbecued Chicken
- 25 Blackened Grilled Fish

#### Thursdays

- 5 Spicy Baked Chicken
- 12 Texas Steak w/Salsa Sauce
- 19 Chicken Enchilada
- 26 Beef Fajita

Fridays (6, 13, 20 and 27 February)

## LUNCH

- Fried Cod Fish and Shrimp
- Choice of Starch
- Side of Coleslaw or Vegetable of the Day

Saturdays (No Daily Lunch Special) Sundays

- 1 Chicken Cutlet and Ham and Cheese w/Tomato Sauce
- 8 Hashed Beef w/Turmeric Rice
  - Rigatoni Alla Norma
- 22 Spaghetti w/Meatballs







■ Paid Advertisements • 263-8994

## ■ Sagami Lounge • 268-4954/4847 • Orders: 268-4142

#### **LUNCHES**

#### **MONDAY**

- 2 Yakisoba, Fried Rice and Karage
- 9 Lasagna w/Garlic Bread
- 16 Pork Saute

w/Balsamic Vinegar

23 Hamburger Steak w/Onion Gravy

## **TUESDAY**

- 3 Spaghetti Meat Sauce Casserole
- 10 Chicken Saute w/Garlic and Tomato Sauce
- 17 Chicken Tempura
- 24 "Chicken Cutlet" (Lounge Special)

#### **WEDNESDAY**

- 4 Chicken Taco Rice
- 11 Cheeseburger
- 18 Turkey Ala King

#### **LUNCHES**

25 Lasagna w/Garlic Bread

## **THURSDAY** (All-U-Can Eat)

- 5 American Buffet
- 12 Italian Buffet
- 19 Mexican Buffet
- 26 French Buffet

#### **FRIDAY**

- 6 Seafood Platter
- 13 Fried Shrimp w/Curry
- 20 Chicken Saute w/Garlic Sauce
- 27 Chicken Fajita

## **DINNER SPECIALS**

## **TUESDAY NIGHT** (LIMITED MENU/DINNER SPECIAL - \$7.95)

- 3 Mexican Dinner Special
- 10 BBQ Dinner Special

## DINNER SPECIALS

- 17 Pizza and Pasta Dinner
- 24 Regular Menu

## **WEDNESDAY NIGHT**

Family night movies for adults and youths 4, 11, 18 and 25 February. Regular dinner menu; choose your discount.

#### **THURSDAY NIGHT**

### (CHEF'S SPECIAL DINNER)

- 5 French Dinner \$20
- 12 Chinese Dinner \$20
- 19 Prime Rib Dinner \$20
- 26 Regular Menu

#### **FRIDAY NIGHT**

## (MONGOLIAN BBQ)

Fridays, 13 and 27 February, enjoy the best Mongolian BBQ in town!!! Also, on 6 and 20 February we offer the regular dinner menu.

## **13TH ANNUAL INTERNATIONAL FRIENDSHIP**



## Sunday, 19 April, 9 am, Sagami General Depot

# The cutoff date for registration is **6 March** (sorry, this date can not be extended).

- This event is "FREE" for SOFA status personnel and their Family members.
- There will be "SPECIAL AWARDS" for SOFA personnel.

For additional information and to obtain a registration form, please phone 263-7980 / 5995. NOTE: There is also a 2K run "Child & Parent Pair"

(grades 1 - 4 --- one parent must run).

- For Men: top 2 places in three categories: 5K, 10K and Half Marathon (NOTE: Although runners will compete by age groups (39 and under and 40 and over), the 2 awards are given for the BEST TIMES in each of the three categories.
- For WOMEN: top 2 places in three categories: 5K, 10K and Half Marathon







# BENTER SNACK BAR



The snack bar is finally done. Come in and see for yourself. Some folks call it a diner, some call it a pizza parlour, some say it's a mini food court all in one and some just call it nostalgic. It is all of this and more. Your favorites are still on the menu and new favorites have been added such as pizzas and combo meals. There is outstanding customer service, great tasting food, and a nostalgic experience at the Camp Zama Bowling Center Snack Bar.

The menu includes the classic burgers and a new burger called the "YANA burger" as a tribute to Mr. Masami Yanagisawa, Bowling Manager, who recently retired after 36 years of dedicated service. It is a special burger with our own special sauce.

A few finger foods have been added such as jalapeno peppers, potato skins, deep fried chicken wings, deep fried fish filets, chicken fingers and bite size shrimp. Also, there are a couple of new sandwiches. The big additions are the Pizzas in three different sizes: 8" Individual pan pizza, and 12" and 16" pizzas (not sold by the piece). Plus, there are daily lunch specials.

Check out our Party Packages. There are birthday packages, exclusive rental of the bowling center, group parties, and special party food choices. Call 263-4780 or 263-4760 to schedule your next party.

## FEBRUARY BOWLING SPECIALS

Sundays, Open Bowling (except on 1 February due to "King of the Hill" tournament). Come and practice your game, 11 am - 2 pm and 6 - 10 pm. The cost is \$1.75 per game.

Mondays, 6 - 10 pm

Military Appreciation Day (U.S. and JGDF). Active duty military bowl for \$1.50 per game.

Tuesdays, 11 am - 2 pm

Spouse Appreciation Day. Spouses bowl for \$1.50 per game.

Wednesdays, 2 - 6 pm

Teacher Appreciation Day. Teachers bowl for \$1.50 per game.

Thursdays, 3 - 10 pm

Free bowling for the entire Family (limited lanes after 7:30 pm).

Fridays, noon - 2 pm and 7 - 10 pm TGIF day. Bowl for \$1.50 per game.

Saturdays, 7 - 10 pm

Cosmic Bowling, unlimited bowling for adults (\$7) and youths (\$5).





## FEBRUARY LUNCH SPECIALS

## Monday

Home made beef stew w/ corn bread

BBQ ribs w/mashed potato and corn on the cob 9

Taco rice

Ramen noodle soup w/home-made gyoza

Bento combo (yakisoba, pork cutlet w/vegetable tempura and miso soup)

Pork ginger w/rice, shredded cabbage and tomato slices

Beef bulgoki w/rice, bean sprouts and spinach

24 Sweet and sour chicken w/rice

Pansit bihon w/lumpia and cassava cake

Chicken adobo w/rice and biko (sticky rice cake)

Pork sinigang w/rice and cassava cake

Hawaiian pork kahlua w/mac salad and sweet potato

#### Thursd

- 5 Meatball spaghetti w/garlic bread and tossed salad
- Meat lasagna w/garlic bread and green salad 12
- Meat lasagna w/garlic bread and tossed salad Pasta linguine w/shrimp, olive oil, garlic bread and tossed salad

Friday (regular menu)



# TEXAS HOLD'EM DURNAMENT

## Saturday, 7 February CZCC Ballroom, Starts at 2 PM

Sign up at the Cashier's Window Tickets purchased by 3 February \$40 After 3 February \$50 Includes Buffet, Non-Alcoholic Drinks, and Prizes

PRIZES WILL BE BASED ON THE NUMBER OF PLAYERS

**ADULTS ONLY** 

# FMWRC TEXAS HOLD'EM TOURNAMENT

Saturday, 21 February, CZCC Ballroom, Starts at 2 PM

Entry Fee: \$25, Includes Buffet and Non-Alcoholic Drinks Sign up at Cashier's Window

Prizes

1st Place - \$ 500 Gift Card and a seat at the On-Line Finals Tournament 2nd Place - iTouch 3rd Place - \$100 Gift Card

NO PURCHASE NECESSARY: If an individual would like to play and not eat the food and beverage provided for the fee they can do so by following these rules:

- Send an email to mwrpromotions@conus.army.mil
   Contestant must provide their name, the name of the installation and the date of the event.
  - The email must be received 3 days prior to the event.
  - Contestant must bring a copy of the email response from the FMWRC POC to the event.
    - Contestant must follow installation rules for registration.

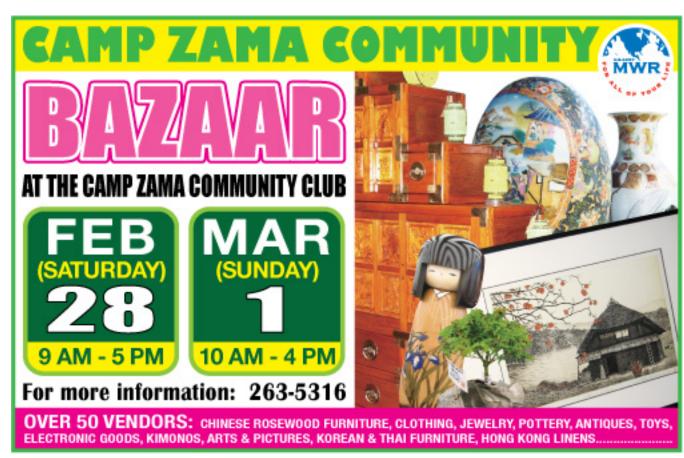
Eligibility: Must be at least 18 years old to participate.

Open to all active duty personnel, reservists, guards, retirees, DoD civilians with valid government identification cards, and immediate family members and guests, except MWR employees.



For more information, call 263-454







# afe Roberto

is proudly serving
Starbucks coffee all
day (11 am - 11 pm).
Enjoy sandwiches,
salads, nachos, pizza
and desserts with
Family or friends.
Also, a continental
breakfast is available
Tuesday - Friday, 7 9 am. Come join us!!!
No food served after
10 pm.

## ■ Camp Zama Community Club

• 263-4547

## **FIRELITE LOUNGE**

## • Hip Hop Music w/DJ

On Friday Night, 6, 13, 20, and 27 February, "Hip Hop music w/DJ" in the Firelight playing your favorite Hip Hop artist songs from 10 pm - 3 am.

#### • Country Music with DJ

On Saturday night, 7 and 14 February, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

## • Old School Night

Saturday, 21 February, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

## • Latino Night

Saturday, 28 February, 8 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DI's in Japan.

## OUNGE LUNCH

## Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95

Youths 8 - 12: \$6.95

Youths 4 - 7: \$3.95

3 and under: Free

**Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 3 Baked Lasagna
- 10 Chicken a la King
- 17 Spanish Chicken
- 24 Chicken Cacciatore

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

- 4 Sliced Cajun Roast Pork
- 11 Pork Picata w/Tomato Sauce
- 18 Pork Ginger
- 25 Pork Adobo

**Thursday**: (Rotisserie Chicken and vegetable of the day)

- 5 Hamburger Steak w/Mushroom Demi
  - Spaghetti w/Meat Sauce
- 12 Pork Green Pepper
  - Linguine Vongole







#### LUNCH

- 19 Beef Broccoli
  - Spaghetti w/Chicken Primavera
- 26 Beef Pot Pie
  - Spaghetti w/Wild Mushrooms

Friday "Lunch Buffet" (soup and vegetable of the day, \$6.95)

- 6 Chinese Chili Chicken
  - Pork Chop Suev
  - Fried Rice / White Rice
- 13 Baked Meat Loaf
  - Meat Doria
  - Sliced Turkey
- 20 Huli Huli Chicken
  - Kalua Pork
  - Yakisoba / White Rice
- 27 Chicken Enchiladas
  - Beef Tacos / Burritos
  - Mexican Rice
  - Mexican Corn

Saturday (No Lunch)

#### **DINNER MENU**

Sunday (limited menu) 5 - 9 pm "2 for 1 Steak Night for \$20" (no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

## Monday - Closed Tuesday

2 meals for \$15 and limited menu, 5 - 9 pm. Menu will change every week.

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Thursday (limited menu) 5 - 9 pm

• "All You Can Eat Pasta,

Pizza, Soup and Salad Bar" (no take out)

#### **DINNER MENU**

Adult: \$10.95 Youth 4 - 12: \$5.95

## Friday "Chef's Special"

Regular Menu (5 - 10 pm)

20 Community Night

Saturday (regular menu 5 - 9 pm)

- Prime Rib Dinner
- Prime Rib and Shrimp Scampi
- 7 Texas Hold'em
- 21 FMWRC Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.

The cost for Mongolian BBQ at the CZCC is now \$0.75 per ounce.

# CAMP ZAMA COMMUNITY CLUB

# Dining Out

USA Dining Room

Tuesday Night Family Special 5 - 9 pm

Any Two Meals ~ \$15

Theme Menus ~ American, Chinese, Japanese, Korean, Mexican, etc. \*Menu changes every Tuesday.

\*Includes soup & salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

\*Sorry NO take-outs!

## Mongolian BBQ

\$0.75 per ounce

Every Wednesday in the ballroom, 5 - 9 pm with modified menu. Reservations are welcome. (please call before 3 pm) \*USA Dining Room is closed.

## Sunday Brunch

Open: 10 am - 1:30 pm Adults: \$12.95 • 8 - 12: \$6.95 4-7: \$3.95 • 3 and under: free

USA Dining Room

## Thursday "All You Can Eat"

Pasta, Pizza, Soup & Salad Bar

Adults: \$10.95 • Ages 4 - 12: \$5.95 Under 3 years old: FREE \*Regular menu is available. Sorry, NO take-outs!

## Saturday Night Special

Prime Rib

Prime Rib & Shrimp Scampi

\*Our regular menu will be offered in addition to the above specials on Saturday night.

## Friday Night Chef Special

Our regular menu will be offered in addition to the Friday night chef's special.

## EUERY SUNDAY STEAK NIGHT

One steak for \$10 includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato.

"Modified menu will be affered on Sunday nights. Sorry, NO take-outs! ■ Paid Advertisements • 263-8994



SPRING ESCAPADE TOURS ARE AVAILABLE

FOR SIGN-UP NOW.

- Angkor Wat and Ho Chin Minh Discovery
- Taiwan Around Island Tour
- Best of China
- Discover Hong Kong & Macau
- Beach and City of Thailand
- Southern Trail of Australia
- Adventure Cairns
- Classic Vietnam











## Call Zama ITT or check our website for more information.



- Military PHONE 263-5273/4059
- Military FAX 263-7507
- E-Mail travel@zamaitt.com
- Commercial PHONE (046) 254-8896
- Commercial FAX (046) 255-0356
- Website: http://zamaitt.com













■ Paid Advertisements • 263-8994

## ■ Community Cultural Center • 263-3939/5712/8892

For more detailed information of the Tamagawa Gakuen performance please see page 29.

#### **CLASSES**

- Ballroom Dance
- \* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

\* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:20 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have some experience and good physical ability for dancing.

\* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

• **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

• Koto Lesson

Tuesday (four classes a month).

Adult: ¥8,000, Youth: ¥7,000

- *Jazz*, *Ballet and Lyrical Dance* Monday
- \* Ballet I (ages 5 6): \$60 4 - 5 pm.
- \* Ballet II (ages 7 9): \$60 5:15 - 6:15 pm.
- \* Ballet III (ages 10 over): \$60 6:30 7:30 pm.
- Creative Movement / Pre-Ballet (ages 3 4): \$45

Tuesday, 4 - 4:30 pm or 5 - 5:30 pm.

- Jazz
- \* Introduction to Jazz (ages 6 9): \$60

## **ATTENTION**

The Music and Theater Workshop will be closed from 1 February to the end of July 2009 due to renovations.

Wednesday, 4 - 5 pm.

\* Jazz Technique (ages 10 over or by audition): \$60

Wednesday, 5:15 - 6:15 pm.

• Taekwondo Class

Monday - Thursday, 5:30 - 8:30 pm.

If you are interested in teaching a class please stop by the Community Cultural Center or call 263-8892.

## The Community Cultural Center Needs:

- Theater production, sax, guitar and drum instructors.
- Community Drama Club members.

olarium
Reservations.
If you are
considering a party
in the solarium
please submit
a "Solarium
Reservation
Request" to the
front desk at the

Yano Fitness Center.

Forms are available

be e-mailed to you

at Yano and can

upon request.

## ■ Sports Fitness and Aquatics

263-3954 / 4664

#### **ZUMBA**

Zumba classes are held on the second floor, Yano Fitness Center. The schedule:

Monday and Wednesdays: 5:30 - 6:30

Tuesdays and Thursdays: 10:30 -11:30 am 7 - 8 pm (new time)

Saturday:

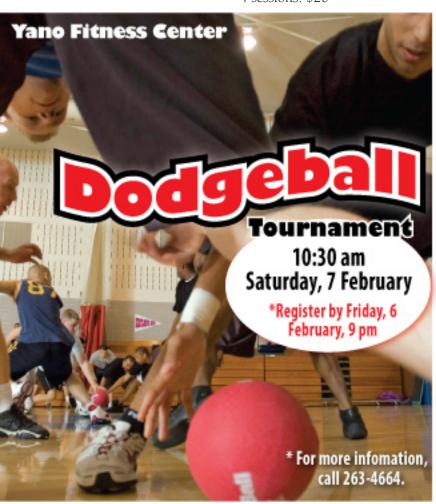
10:30 - 11:30 pm

The cost is \$4 per class, \$36 for a 10 class card and \$68 for 20 classes. Zumba is a fusion of Latin and international music that creates a dynamic, exciting and effective cardiovascular aerobic workout.

#### TAI CHI

Tai Chi (Chinese breathing exercise) and Kung Fu fitness (every Monday at 6:45 pm).

One session: \$6 4 sessions: \$20



#### **TANNING BOOTH**

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:

6:20 am - 6:25 pm

Weekends:

10:05 am - 5:35 pm

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

#### **MASSAGE**

## • Aqua Massage

Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be 18 years old.

#### • Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

## • Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 9 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21).

#### • Brian's Massage

Tuesdays: 3:30 am - 9 pm Wednesdays: 5:30 - 9 pm

#### Cost:

Swedish Massage:

30 minutes: \$25 60 minutes: \$45 Sports Massage:

60 minutes: \$60

90 minutes: \$85

Deep Tissue Massage: 60 minutes: \$60

90 minutes: \$85

**NOTICE:** The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

## **AQUATICS**

• Water Aerobics Program Days and Hours

Water Aerobics Classes:
Mondays, Wednesdays and
Fridays: 9 - 10 am
Aqua Jogger Class:
Tuesdays and Thursdays:
6 - 7 pm
See flyer for specific details and cost.

## TRAINING RESERVATIONS (SWIMMING POOL)

Postponed due to pool closure

If you are considering utilizing the Yano pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to

## **CLOSED FOR MAINTENANCE**

- On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 8 am - noon.
- The jacuzzi, sauna, and steam room will be closed mid January until early February for annual maintenance.



the front desk at the Yano Fitness Center. For reservations, submit the reservation request no less than six weeks in advance. Forms can be e-mailed upon request. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Water Exercise, and Swimming Technique.

# ATTENTION

••• POOL OPENING •••

VIRGINIA GRAEME BAKER POOL AND SPA SAFETY ACT

The Virginia Graeme Baker Pool and Spa Safety Act went into effect on 19 December, 2008. This law requires installation of anti-entrapment drain covers and other systems as outlined in the Act. We are pleased to announce that we are now in compliant with the Act, and that the ZAMA POOL WILL REOPEN ON FRIDAY, 6 FEBRUARY.



# A rts and

Crafts Center needs: tole paint, Washi-paper crafts, digital photography, and sawing class instructors.

## ■ Arts and Crafts • 263-4412

#### **CLASSES**

## • Pottery Classes

\* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included. A monthly class or three month classes are also available.

\* Thursday class: 1st and 3rd Thursday, 6 - 8 pm, \$20 for a class, supplies are included.

\* First Saturday of the month, 10 am - noon, \$20 for a class, supplies are included.

\* Etsuke class (drawing for pottery) is also available 5 - 6 pm, \$10 a class.

## Scrap Book Classes

Thursdays at 2 pm. Cost is \$15 for a class. Supplies are included. Bring a few of your own photos.

- Water Color Painting Classes Wednesday, 6 pm, \$15 for a class.
- Washi Paper Craft Workshop Fee is \$10; supplies are available at the sales store (by appointment only).
- Tole Painting Class "American Folk Art"

Thursdays, 3 pm, \$15 for a class.

• *Ikebana* (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$15 for a class, plus ¥1,000 (flower fee).

- *Shodo* (Japanese calligraphy class), Thursdays, 3 pm, \$10 for a class; includes all supplies.
- Wood Shop Orientation for DA 3031.

Saturdays: 10 am, no fee.

• Frame Shop Orientation 2nd and 4th Thursday, 6 pm, \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

**NOTE:** All classes require advance registration. Schedules are subject to change.





## ■ Auto Craft Shop • 263-3615

#### **HOURS OF OPERATION:**

Monday and Tuesday: CLOSED Wednesday - Friday: 1 - 9 pm Saturday and Sunday: 10 am - 6 pm

#### PLEASE NOTE:

- Wednesday Saturday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

#### **SAFETY ORIENTATION**

DA-3031-1 Qualifications Card to use the auto craft shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

#### **HELPFUL HINT**

Did you know that when your windows fog up in the winter time you can use the air conditioner to clear it up? Fogging of the windows is from the moisture in the air and the A/C will dry it up. All you have to do is turn the temperature up to stay nice and warm. Doing this will also help keep the A/C system in top running condition for the hot summer months

#### **SERVICES**

## • Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday during regular Auto Craft Shop hours of operation.

• Used Vehicle Courtesy Inspection We offer a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

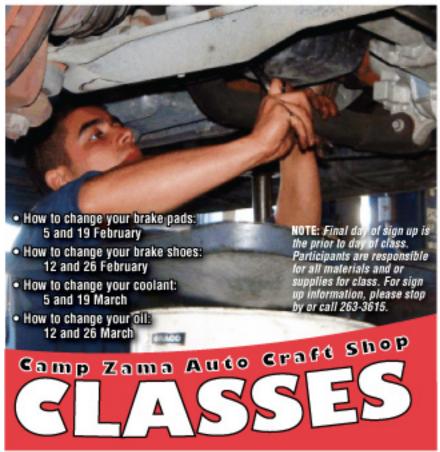
#### **CAR WASH**

The Sagamihara Housing Area car wash is closed indefinitely due to damage. The Zama car wash can be accessed:

Monday - Tuesday: 8 am - 4:30 pm, Wednesday - Friday: 8 am - 8:30 pm Saturday - Sunday: 9 am - 5:45 pm.

**NOTE:** Please note that during winter months it is advised that you use the car wash in the afternoon to let the machine warm up for optimal operating conditions.







Search our collection from home or work at: http://yoko.sirsidynix. net.au/uhtbin/webzama.

## ■ Community Libraries • 263-3517

http://www.usarj.army.mil/information/zama/mwr/library/index.htm

## NEW MCNAUGHTON BOOKS

- Fodors Gold Guides Alaska: 2009
- Fodors Gold Guides Australia: 2009
- Fodors Gold Guides Big Island of Hawaii
- Fodors Gold Guides Hawaii: 2009
- Fodors in Focus Dubai
- Frommers Hong Kong 10th Ed
- Frommers Panama 2nd Ed

- Frommers South Korea
- Lets Go Australia 10th Ed: 2009
- Lets Go Thailand 4th Ed

#### **NEW DVDS**

- Songs and Lovers.....Drama
- Le Doulos ...... DramaWar and Truth ..... Documentary
- Sleeping Beauty ......Children

## ■ Outdoor Recreation and Local Tours • 263-4671

## THIS MONTH'S TOURS AND EVENTS

- Strawberry Picking Sunday, 1 February, 7 am - 6 pm
- *Grinpa Land*Sunday, 1 February,
  7:30 am 6:30 pm
- Ski / Snowboard for Beginners at Maiko

Saturday, 7 February, 4 am - 8 pm

- *Sumo Tournament* Sunday, 8 February,
- 9 am 7:30 pm
- Chinese New Year Parade Sunday, 8 February, 9 am - 5:30 pm
- 4 days Scuba to Okinawa

Friday, 13 February (Depart 4:45 am); Monday, 16 February, (Return

8 pm)

• Valentine's Day Dinner at Ninja Restaurant (Akasaka)

Saturday, 14 February, 4 - 10 pm

• Overnight Ski / Snowboard at Joetsu

Sunday - Monday, 15 - 16 February, 4 am - 7:30 pm

- *Kawasaki Keiba Flea Market* Sunday, 15 February, 8:30 am 3:30 pm
- Shibamata Excursion and Funny Eraser Factory

Monday, 16 February, 8 am - 5 pm

 Ski / Snowboard at Ishiuchi Maruyama

Saturday, 21 February, 4 am - 9 pm • *Tokoname Sightseeing* 

Saturday, 21 February,

5 am - 11 pm

• Hotel Mikazuki Ryugujo Spa Sunday, 22 February, 9 am - 6 pm

• Children's Land Sunday, 22 February,

Sunday, 22 February. 9:30 am - 3:30 pm

Snow Shoeing for Beginners and Soak

Saturday, 28 February, 3 am - 9 pm • *Izu Tsurushibina and Cherry Blossom Festival* 

Saturday, 28 February, 7 am - 7 pm

• Tokyo Joypolice

Sunday, 1 March, 9 am - 6 pm

• Ikea Shopping

Friday, 1 March, 3:30 - 11 pm

• Cirque Du Soleil "Corteo" Friday, 13 March, 3:30 - 11 pm



Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

http://ice.disa.mil/index.cfm



Better Opportunity for Single Service Member

## **MEETINGS**

- Tuesday, 10 February
- Tuesday, 24 February

\*All meetings are at 2 pm at the CCC.

## ■ Chapel Activities • 263-4898

#### **CATHOLIC SERVICES**

Mondays - Fridays, noon-12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel.

*Sundays*, 10:45 - 11:45 am, CCD and RCIA, Bldg 278, Religious Education Center.

3rd Sunday, 10:45 am, Adult Religious Education class, Bldg 278, Religious Education Center.

**1st and 3rd Thursdays**, 6 - 7 pm, MCCW (Military Council of Catholic Women) Book Club, Zama Chapel. **4th Monday**, 7 pm, MCCW Meeting, Zama Chapel.

#### **PROTESTANT SERVICES**

**Sundays**, 11 am, Worship Service, Zama Chapel.

Sundays, 11 am, Children's Church.

**Tuesdays**, 6:30 - 7:30 pm, Youth Group (7 - 12 grades).

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

**Sundays**, 9:30 am, Sunday School, Bldg 278, Religious Education Center.

## SAGAMIHARA INSPIRA-TIONAL SERVICES

*Sundays*, 9 am, Sunday School, Sagamihara Chapel.

*Sundays*, 10:30 am, Worship Service, Sagamihara Chapel.

Wednesdays, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

(Children's church and nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services; youth church for 1st grade through 6th grade during Sunday service).

## PENTECOSTAL WORSHIP SERVICE

**Sundays**, 8 am, Worship service, Sagamihara Chapel.

Sundays, 9 am, Children's Church,

Sagamihara Chapel.

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

## SEVENTH DAY ADVENTIST SERVICES

**1st and 3rd Saturdays,** Joint Service, Eastside Chapel at Yokota AB.

10 am, Sabbath School

11 am, Divine Worship Contact Tom Johnson at 263-3275 or tom.johnson3@zama.army.mil

## **JEWISH SERVICES**

For information about Jewish worship services and holiday events, please contact Sharon Goodman, the Camp Zama Jewish Lay Leader, at DSN 267-6190 or from off post, 042-869-6190, or write to sharonrok@yahoo.com

#### **BUDDHIST SERVICES**

(Soka Gakkai International - U.S.) *Mondays and Fridays*, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs.. Fulford at 046-257-0613 or at forris@forrisfulford.com.

# THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Sundays,** 9 am - noon, Sunday Service, LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base (East Gate).

*Tuesdays*, 7 pm, Tuesday Night Youth Service, Sagamihara Chapel. Call Richard Smith, 046-234-9490, or Travis Sommer, 267-6534.

## **CHURCH OF CHRIST**

Sundays, 9:45 am, Sagamihara Fam-

ily Housing Area, 301D. For more information, call 267-6529 or e-mail slmerrell@yahoo.com

#### ONGOING BIBLE STUDIES

Tuesdays, 11:45 am - 12:45 pm, Community Lunch Bible Study (lunch is provided). Evangelical Ethics is the first book study. Topics to be covered include: abortion, environmental ethics, euthanasia, and other cultural issues. POC is Chris Wallace at chris.w.wallace@us.army.mil.

Wednesdays, 6:30 - 7:30 pm, Adult and Youth Bible Study, Sagamihara Chapel, Pastor Haywood at 263-5624.

**Thursdays**, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Beth Alexander at 267-6155.

*Thursdays*, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4534 or 267-6086.

**Thursdays**, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Beth Alexander at 267-6155.

## CHAPEL ACTIVITIES IN FEBRUARY

*February* **21**, *Saturday*, 4 - 5:30 pm, Missionary Appreciation Dinner. *February* **25**, *Wednesday*, noon and

February 25, Wednesday, noon and 5 pm, Ash Wednesday Mass, Zama Chapel.

The Zama Chapel community has many other programs for you and your Family (bible studies, youth groups, men's groups, women's groups, and music programs). If you desire more information, please call the chapel at 263-4898.

#### **FUTURE MAJOR MWR EVENT** LOCATION 10 - 12 March - - (CZCC) AFAP Symposium - -(CZGC) 3 April Payday Scramble -4 April Cherry Blossom Festival Cherry Blossom Youth and Adult Run / Walk 17 April Volunteer Recognition Ceremony - - - - - (CZCC) 19 April Friendship 5k, 10k and Half Marathon - - - - (Depot) 25 - 26 April Zama Masters Golf Tournament ----- (CZGC)

## ■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND		CYS Central Enrollment Registry Office
RECREATION 263-7611/3690	■ SAGAMI LOUNGE 268-4954 Take Out 268-4142	263-4125
Army Community Services Branch	Lunch (Mon-Fri) 1100-1300	Mon-Fri 0800-1700
	<b>Dinner</b> (Tue-Sat) 1700-2000	Family Child Care 263-4743
■ Army Community Services 263-4357	Lounge/Game Room Tue-Thu 1100-2200	263-4125
Mon, Tue, Thu, Fri 0730-1630 Wed 0730-1500	Fri 1100-2400	Sagamihara CDC 267-6564 Mon-Fri 0530-1800
	Sat 1630-2300	Zama CDC 263-4992
ZAMA Golf Club	Open during lunch	Mon-Fri 0530-1800 ■ YOUTH SERVICES
■ DIRECTOR OF GOLF 263-3694	Recreation Division	Zama Youth Center 263-4500
ADMINISTRATIVE OFFICE 263-4966		Mon-Thu 1430-2000
(All the following golf activities are open during	■ CHIEF RECREATION OFFICE 263-3479 ■ ADMINISTRATIVE OFFICE 263-5614	Fri 1430-2200 Sat 1200-2200
lunch).	■ ARTS & CRAFTS CENTER 263-4412	Sun 1200-1700
Course/Starter 263-4975 Mon-Fri 0700-1700	Mon-Tue Closed	School Age Services (SHA) 267-6317
Weekends & US / Japanese Holidays	Wed-Thu 1300-2100 Fri, Sat & Sun 1000-1800	Mon-Fri 0630-1800 Youth Sports 263-5437
0600-1700	Open during lunch	Mon-Sat 0900-1800
Restaurant 263-7665 Mon, Tue, Thu, Fri 0630-1900	■ AUTO CRAFTS SHOP Sun-Mon Closed	Open during lunch
Wed 0630-1900	Tue-Fri 1300-2100	School Liaison Office 263-3241
Weekends & US / Japanese Holidays 0530-1900	Sat 1000-1800	Zama Lodging
Pro Shop 263-5284	Open during lunch ■ COMMUNITY CULTURAL CTR 263-3939	Zama zodging
Mon-Fri 0645-1700	Mon-Fri 0800-2100	■ ADMINISTRATIVE OFFICE 263-3293
Weekends & US / Japanese Holidays 0545-1700	Sat, Sun & Hol Closed	Reservation Desk 263-2775
Driving Range (Unattended)	Open during lunch ■ INTERNATIONAL TOURS 263-5273	Front Desk 263-3830
Mon - Fri Sunrise-2200	Mon-Fri 1000-1800	Open 24 hours/7 days a week
Saturday Sunrise-1930 Sun 1600-2200	Open during lunch ■ LIBRARY	USAG-J Okinawa MWR
	Zama 263-3517	- MAID OFFICE
Chip Inn & Snack Stand 263-5834  Mon-Fri 0800-1600	Mon-Thu 1000-2030	■ MWR OFFICE 644-5396 ■ ADMINISTRATIVE OFFICE 644-4270
Weekends & Hol. 0700-1500	Fri- Sun 1000-1800 Open during lunch	■ ARMY COMMUNITY SERVICE
Bustone District	U.S. Holidays Closed	Director 644-4110 Relocation Coordinator 644-4385
Business Division	Sagamihara 267-6603 Tue-Thu 1000-1900	Mob-Dep/IVC 644-4116
■ ADMINISTRATIVE OFFICE 263-7935	Fri-Sat 0900-1800	Financial Readiness/AER 644-4378
■ BOWLING CENTER ZAMA 263-4780	Sun, Mon & Hol Closed	Family Advocacy Program 644-5919 Victim Advocate/SARC 644-4908
Mon-Wed, Sat-Sun 1100-2200	Closed for lunch 1400-1500	AFTB/AFAP Program 644-4743
	■ OUTDOOR RECREATION 263-46/1	
Thu & Fri 1100-2230	■ OUTDOOR RECREATION 263-4671 US Holidays Closed	EFMP Program 644-4106
Thu & Fri 1100-2230 Holidays Closed	US Holidays Closed Vehicle/Equipment Rental & Local Tours	EFMP Program 644-4106 ACS FAX 644-5918
Thu & Fri 1100-2230 Holidays Closed  BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703 ■ ARTS & CRAFT CENTER 644-4303
Thu & Fri 1100-2230 Holidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706
Thu & Fri 1100-2230 Hollidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed  ■ ZAMA COMMUNITY CLUB	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch  Animal Boarding Kennels 263-5915	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703 ■ ARTS & CRAFT CENTER 644-4303
Thu & Fri 1100-2230 Holidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed  ■ ZAMA COMMUNITY CLUB  ■ ADMINISTRATIVE OFFICE 263-4133 Lunch	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706  AUTO CENTER 644-5612 CORAL COVE COMMUNITY CLUB Business Manager 644-4256
Thu & Fri 1100-2230 Holidays Closed ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700  Sat-Sun 1000-1600  Closed for lunch 1230-1330	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706 AUTO CENTER 644-5612 CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306
Thu & Fri 1100-2230 Holidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed  ■ ZAMA COMMUNITY CLUB  ■ ADMINISTRATIVE OFFICE 263-4133 Lunch	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703 ■ ARTS & CRAFT CENTER 644-4706 ■ AUTO CENTER 644-5612 ■ CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426 ■ LIBRARY 644-4468
Thu & Fri 1100-2230 Holidays Closed ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700  Sat-Sun 1000-1600  Closed for lunch 1230-1330	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706 AUTO CENTER 644-5612 CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335
Thu & Fri 1100-2230 Holidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed  ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133  Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270 Kure Lodging 256-2580  ■ POOLS 263-5656 YANO 263-5037	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ■ ARTS & CRAFT CENTER 644-4303 Lobby 644-4706 ■ AUTO CENTER 644-5612 ■ CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426 ■ LIBRARY 644-4426 Staff Room 644-5335 ■ MARKETING
Thu & Fri 1100-2230 Holidays Closed ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200 Catering 263-4204	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700  Sat-Sun 1000-1600  Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270  Kure Lodging 256-2580  ■ POOLS 263-5656  YANO 263-5037  Mon-Fri 0600-1900	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706 AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-665
Thu & Fri 1100-2230 Holidays Closed ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Fri 1000-0230 Catering 263-4204 Tue, Thu & Fri 0930-1730	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915 Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330 Hardy Barracks Lodging 229-3270 Kure Lodging 226-2580 POOLS 263-5656 YANO 263-5057 Mon-Fri 0600-1900 Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706 AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426 LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-4665  SPORTS / FITNESS
Thu & Fri 1100-2230 Holidays Closed ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200 Catering 263-4204	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700  Sat-Sun 1000-1600  Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270  Kure Lodging 256-2580  ■ POOLS 263-5656  YANO 263-5037  Mon-Fri 0600-1900  Sat-Sun, Holidays 1000-1800  SHA (Summer) 263-5656/267-6122  Wed - Sat 1030-1800	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706  AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-665  SPORTS / FITNESS Sports / Fitness 644-4389 Aquatics 644-4389
Thu & Fri 1100-2230 Holidays Closed ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200 Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only) Café Roberto Sun, Tue & Wed 1100-2300	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270 Kure Lodging 256-2580 ■ POOLS 263-5656  YANO 263-5656  YANO 263-5656  Sat-Sun, Holidays 1000-1800 Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122 Wed - Sat 1030-1800 Sun 1200-1800 Mon, Tue Closed	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4703 Lobby 644-4706  AUTO CENTER 644-5612 CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426 LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-665 SPORTS / FITNESS Sports / Fitness 644-4389  OUTDOOR RECREATION
Thu & Fri 1100-2230 Holidays Closed ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200 Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only) Café Roberto Sun, Tue & Wed 1100-2300 Thu 1100-2200	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330 Hardy Barracks Lodging 229-3270 Kure Lodging 256-2580 POOLS 263-5656 YANO 263-5037  Mon-Fri 0600-1900 Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122 Wed - Sat 1030-1800 Sun 1200-1800 Mon, Tue Closed	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706  AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-665  SPORTS / FITNESS Sports / Fitness 644-4389 Aquatics 644-4389
Thu & Fri 1100-2230 Holidays Closed ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200 Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only) Café Roberto Sun, Tue & Wed 1100-2300	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700  Sat-Sun 1000-1600  Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270  Kure Lodging 256-2580  POOLS 263-5656  YANO 263-5037  Mon-Fri 0600-1900  Sat-Sun, Holidays 1000-1800  SHA (Summer) 263-5656/267-6122  Wed - Sat 1030-1800  Sun 1200-1800  Mon, Tue Closed  DEPOT (Closed)  SPORTS/FITNESS CENTER 263-4664	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-793  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706  AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-665  SPORTS / FITNESS Sports / Fitness 644-4389  OUTDOOR RECREATION Scuba Locker 644-4795 Retail Sales 644-4263
Thu & Fri 1100-2230 Holidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed  ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133  Lunch  Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200 Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only) Café Roberto Sun, Tue & Wed 1100-2300 Thu 1100-2200 Fri & Sat 1100-2300 No food service after 2200 hours Cornerstone Game Room (no bar)	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915 Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330 Hardy Barracks Lodging 229-3270 Kure Lodging 256-2580 POOLS 263-5656 YANO 263-5037 Mon-Fri 0600-1900 Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122 Wed - Sat 1030-1800 Sun 1200-1800 Mon, Tue Closed DEPOT (Closed)  SPORTS/FITNESS CENTER 263-4664 Zama 263-3954 Mon-Fri 0530-2100	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706 AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-665  SPORTS / FITNESS Sports / Fitness 644-4389  OUTDOOR RECREATION Scuba Locker 644-4290 Retail Sales 644-4290 Equipment Issue 644-4659
Thu & Fri 1100-2230 Holidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed  ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch  Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200 Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only)  Café Roberto  Sun, Tue & Wed 1100-2300 Thu 1100-2200 Fri & Sat 1100-2300 No food service after 2200 hours Cornerstone Game Room (no bar) Tue-Thu & Sun 1000-2300	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330 Hardy Barracks Lodging 256-2580 POOLS 263-5056 YANO 263-5056 YANO 263-5037  Mon-Fri 0600-1900 Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122 Wed - Sat 1030-1800 Sun 1200-1800 Mon, Tue Closed DEPOT (Closed)  SPORTS/FITNESS CENTER 263-4664 Zama 263-3954 Mon-Fri 0530-2100 Sat-Sun, Holidays 1000-1800	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706  AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-665  SPORTS / FITNESS Sports / Fitness 644-4389  OUTDOOR RECREATION Scuba Locker 644-4795 Retail Sales 644-4290 Equipment Issue 644-4263 Beach Rental Office 644-4659
Thu & Fri 1100-2230 Holidays Closed ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0230 Sat 1000-0200 Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only) Café Roberto Sun, Tue & Wed 1100-2300 Thu 1100-2200 Fri & Sat 1100-2300 No food service after 2200 hours Cornerstone Game Room (no bar) Tue-Thu & Sun 1000-2300 Fri 1000-0300 Sat 1000-0230	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915 Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330 Hardy Barracks Lodging 229-3270 Kure Lodging 256-2580 POOLS 263-5656 YANO 263-5037 Mon-Fri 0600-1900 Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122 Wed - Sat 1030-1800 Sun 1200-1800 Mon, Tue Closed DEPOT (Closed)  SPORTS/FITNESS CENTER 263-4664 Zama 263-3954 Mon-Fri 0530-2100	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706 AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-665  SPORTS / FITNESS Sports / Fitness 644-4389  OUTDOOR RECREATION Scuba Locker 644-4290 Retail Sales 644-4290 Equipment Issue 644-4659
Thu & Fri 1100-2230 Holidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed  ■ ZAMA COMMUNITY CLUB  ■ ADMINISTRATIVE OFFICE 263-4133  Lunch  Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200 Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only)  Café Roberto Sun, Tue & Wed 1100-2300 Thu 1100-2200 Fri & Sat 1100-2300 No food service after 2200 hours  Cornerstone Game Room (no bar) Tue-Thu & Sun 1000-2300 Fri 1000-0300 Sat 1000-0230 Fri 1000-0300 Sat 1000-0230 Fri 1000-0300 Sat 1000-0230 Fri Elite Lounge	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330 Hardy Barracks Lodging 229-3270 Kure Lodging 256-2580 ■ POOLS 263-5656 YANO 263-5656 YANO 263-5656 YANO 263-5656 Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122 Wed - Sat 1030-1800 Sun 1200-1800 Mon, Tue Closed DEPOT (Closed) ■ SPORTS/FITNESS CENTER 263-4664 Zama 263-3954 Mon-Fri 0530-2100 Sat-Sun, Holidays 1000-1800 Sagamihara 263-3954/267-6762 Mon-Sun Open 24 hrs. Depot 268-4729	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706 AUTO CENTER 644-4761  Business Manager 644-256 Lounge 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-4655  SPORTS / FITNESS Sports / Fitness 644-4389  OUTDOOR RECREATION Scuba Locker 644-4795 Retail Sales 644-4290 Equipment Issue 644-4263 Beach Rental Office 644-4659 Cabin Reservation 644-4659
Thu & Fri 1100-2230 Holidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed  ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133 Lunch  Tue-Fri 1045-1315 Sunday Brunch 1000-1330  Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200  Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only)  Café Roberto Sun, Tue & Wed 1100-2300 Thu 1100-2200 Fri & Sat 1000-2200 Fri & Sat 1100-2300 No food service after 2200 hours  Cornerstone Game Room (no bar) Tue-Thu & Sun 1000-2300 Fri 1000-0300 Sat 1000-0230  Frielite Lounge Sun-Tue & Wed Closed Thu Closed	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700  Sat-Sun 1000-1600  Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270  Kure Lodging 256-2580  ■ POOLS 263-5656  YANO 263-5037  Mon-Fri 0600-1900  Sat-Sun, Holidays 1000-1800  SHA (Summer) 263-5656/267-6122  Wed - Sat 1030-1800  Sun 1200-1800  Sun 1200-1800  Mon, Tue Closed  ■ SPORTS/FITNESS CENTER 263-4664  Zama 263-3954  Mon-Fri 0530-2100  Sat-Sun, Holidays 1000-1800  Sagamihara 263-3954/267-6762  Mon-Sun Open 24 hrs	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706  AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-655  SPORTS / FITNESS Sports / Fitness 644-4389  OUTDOOR RECREATION Scuba Locker 644-4795 Retail Sales 644-4290 Equipment Issue 644-4263 Beach Rental Office 644-4659 Cabin Reservation 644-4659  Kure Harbor Club  MWR Office 256-2580 256-2581
Thu & Fri 1100-2230 Holidays Closed ■BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed ■ZAMA COMMUNITY CLUB ■ADMINISTRATIVE OFFICE 263-4133 Lunch Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200 Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only) Café Roberto Sun, Tue & Wed 1100-2300 Thu 1100-2200 Fri & Sat 1100-2300 No food service after 2200 hours Cornerstone Game Room (no bar) Tue-Thu & Sun 1000-2300 Fri 1000-0300 Sat 1000-0230 Frielite Lounge Sun-Tue & Wed Closed Thu Closed Thu Closed Fri 1800-0300	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730  Sat-Sun 0800-1600  Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700  Sat-Sun 1000-1600  Closed for lunch 1230-1330  Hardy Barracks Lodging 229-3270  Kure Lodging 256-2580  ■ POOLS 263-5656  YANO 263-5037  Mon-Fri 0600-1900  Sat-Sun, Holidays 1000-1800  SHA (Summer) 263-5656/267-6122  Wed - Sat 1030-1800  Sun 1200-1800  Sun 1200-1800  Mon, Tue Closed  ■ SPORTS/FITNESS CENTER 263-4664  Zama 263-3954  Mon-Fri 0530-2100  Sat-Sun, Holidays 1000-1800  Sagamihara 263-3954/267-6762  Mon-Sun Open 24 hrs  Depot 268-4729  Mon-Sun, Holidays 0930-1830	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706  AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-5335  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-665  SPORTS / FITNESS Sports / Fitness 644-4389  OUTDOOR RECREATION Scuba Locker 644-4795 Retail Sales 644-4290 Equipment Issue 644-4263 Beach Rental Office 644-4659  Kure Harbor Club  MWR Office 256-2580 256-2581
Thu & Fri 1100-2230 Holidays Closed  ■ BOWLING CENTER DEPOT 268-4954/4606 Tue - Sat 1100-2000 Sun - Mon Closed  ■ ZAMA COMMUNITY CLUB ■ ADMINISTRATIVE OFFICE 263-4133  Lunch  Tue-Fri 1045-1315 Sunday Brunch 1000-1330 Cashier 263-4547 Sun-Thu 1000-2300 Fri 1000-0230 Sat 1000-0200  Catering 263-4204 Tue, Thu & Fri 0930-1730 Wed (Appts Only)  Café Roberto Sun, Tue & Wed 1100-2300 Thu 1100-2200 Fri & Sat 1100-2300 No food service after 2200 hours  Cornerstone Game Room (no bar) Tue-Thu & Sun 1000-2300 Fri 1000-0300 Sat 1000-0230 Frielite Lounge Sun-Tue & Wed Closed Thu Closed Fri 1800-0300 Sat 1900-0230 USA Dining Room	US Holidays Closed  Vehicle/Equipment Rental & Local Tours  Mon-Fri 0900-1730 Sat-Sun 0800-1600 Open during lunch  Animal Boarding Kennels 263-5915  Mon-Fri 1000-1700 Sat-Sun 1000-1600 Closed for lunch 1230-1330 Hardy Barracks Lodging 229-3270 Kure Lodging 256-2580 ■ POOLS 263-5656 YANO 263-5656 YANO 263-5656 YANO 263-5656 Sat-Sun, Holidays 1000-1800 SHA (Summer) 263-5656/267-6122 Wed - Sat 1030-1800 Sun 1200-1800 Mon, Tue Closed DEPOT (Closed) ■ SPORTS/FITNESS CENTER 263-4664 Zama 263-3954 Mon-Fri 0530-2100 Sat-Sun, Holidays 1000-1800 Sagamihara 263-3954/267-6762 Mon-Sun Open 24 hrs. Depot 268-4729	EFMP Program 644-4106 ACS FAX 644-5918 School Liaison Office 644-4703  ARTS & CRAFT CENTER 644-4303 Lobby 644-4706  AUTO CENTER 644-5612  CORAL COVE COMMUNITY CLUB Business Manager 644-4256 Lounge 644-4306 Cashier Cage 644-4426  LIBRARY 644-4468 Staff Room 644-535  MARKETING Commercial Sponsorship 644-4495 Graphic/Illustration 644-4655  SPORTS / FITNESS Sports / Fitness 644-4389  OUTDOOR RECREATION Scuba Locker 644-4795 Retail Sales 644-4290 Equipment Issue 644-4263 Beach Rental Office 644-4659  Cabin Reservation 644-4659  Kure Harbor Club  MWR Office 256-2580 256-2581 0800-1630  Outdoor Recreation 256-2575
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## 2 FEB '09 (Mon) • Doors Open at 7 am – Kickoff at 8:15 am • Zama Community Club



IT'S ALL FREE including a fantastic breakfast buffet and delicious mid-morning snacks courtesy of the Camp Zama Community Club.

"COME EARLY"!!! THREE (3) DOOR PRIZES WILL BE GIVEN AWAY PRIOR TO KICKOFF.
Also, the first 50 people in line receive a Budweiser t-shirt.

\*\*\*\* The entertaining "SAN DIEGO CHARGER CHEERLEADERS" will dance prior to kickoff and also at halftime. BRING YOUR CAMERA----the cheerleaders will be autographing their pictures and will also be available for photos.

## SPECIAL DRAWING FOR MILITARY PERSONNEL

\*\* Two drawings will be held --- one for a "Queen" of the 2nd quarter, and one for a "King" of the 4th quarter. Each winner will sit with the cheerleaders as their "Special Guest" for the quarter and receive five(5) special prizes.

## PLUS, WIN GREAT DOOR PRIZES: (YOU "MUST" BE PRESENT TO WIN)

- \*\* Official NFL footballs with all 32 team logos (courtesy of Coors)
- \*\* Golf packages (2)
  (golf bag, towel, cap, balls, putters & shoe bag)
  (courtesy of YES Golf and Kita Golf)
- \*\* Two (2) Nintendo Wii's (courtesy of DYDO)
- \*\* \$100 savings bond (courtesy of Zama Community Bank)

- \*\* Panasonic 32" flat screen TV (courtesy of EURPAC)
- \*\* ¥5000 food coupons from OUTBACK & TGI FRIDAY'S
- \*\* Two (2) NASCAR jackets and an Ipod (courtesy of New Car Sales)
- \*\* \$100 AAFES gift certificate (courtesy of the Camp Zama Exchange)

All winners receive an Outback "bloomin onion" coupon and three (3) Harley-Davidson 16 oz glasses.

## GRAND PRIZE DRAWING:

Two (2) roundtrip airline tickets to Hawaii (courtesy of United Airlines) and two (2) tickets to the NFL PRO BOWL GAME on Sunday, 8 Feb. Important: the winner should be prepared to depart on or about 6 or 7 Feb.

For additional information, please phone 263-5995